

Virginia Cooperative Extension

Virginia Tech • Virginia State University

The Culpeper Extension Office is located at 101 S. West Street, Culpeper, VA 22701. (Corner of West and Davis) Telephone: (540)727-3435

Lots of changes are happening at the Culpeper Extension Office.



This month we will be making a permanent move from our office on S. West Street to the Carver Center located at 9432 N. James Madison Hwy, Rapidan, VA 22733 right off Rt. 15.

We've also made some staff additions! Meet our new employees:

Lenah Nguyen, Senior Extension Agent, Family & Consumer Sciences



Lenah Nguyen is the new Family and Consumer Sciences Extension Agent serving Culpeper, Fauquier, and Rappahannock Counties. Lenah's work will focus on food safety, food entrepreneurship, and nutrition. From 2008 – 2022, Lenah served as a 4-H Extension agent in Fairfax and Fauquier Counties. Prior to her work with Virginia Cooperative Extension, she served as a Peace Corps Volunteer in Peru and worked as a farm hand on vegetable farms across the

United States. She got her undergraduate degree from William and Mary and her Masters from Virginia Tech. She lives on a farm in Bealeton with her husband and two young children. You can contact Lenah at lgeer@vt.edu

Courtney Wesner, Extension Agent, 4-H Animal Science



Courtney grew up in a small, rural farming community in Northern Indiana on her family's seedstock cattle operation. There they successfully marketed and exhibited purebred Simmental cattle on a local, state, and national level; continuing to do so today. Courtney was an active member of both 4-H and FFA where she exhibited all species of livestock and competed in livestock judging. She attended Purdue University where she was a part of a nationally competitive livestock judging team and eventually graduated with a degree in Animal Science. Upon graduation, she spent several years working for the American Simmental Association in multiple roles. Courtney still maintains a small herd of registered cattle here in Virginia and has served in the Cooperative Extension system, Orange County, for over 6 years before transferring to Culpeper. She recently completed a Master's Degree from Virginia Tech. You can

contact Courtney at wesnerc@vt.edu

CULPEPER COUNTY EXTENSION STAFF

Administration:

Cristy Mosley, Unit Coordinator (cmosley1@vt.edu)

Linda Baldwin, Administrative and Fiscal Assistant (lindab75@vt.edu)

Extension Agents:

Cristy Mosley, 4-H Youth Development (cmosley1@vt.edu)

Ashley Appling, Horticulture (ashappling@vt.edu)

Carl Stafford, Agriculture & Natural Resources (ccstaffo@vt.edu)

Courtney Wesner, 4-H Youth Development, Animal Science (wesnerc@vt.edu)

Lenah Nguyen, Family & Consumer Sciences, (lgeer@vt.edu)

Program Assistants:

JoAnna Kilby, 4-H Youth Development (jlclark@vt.edu)

Georgette Mosley, Family Nutrition Program, Youth (gyates@vt.edu)

Other Agents serving Culpeper: ANR – Tim Mize (Fauquier),

Brad Jarvis & Adam Downing (Madison), Kenner Love (Rappahannock);

FCS – Clare Lillard (Orange)

4-H Youth Development

Cristy Mosley, Extension Agent 4-H

**Courtney Wesner, Extension Agent,
4-H Animal Science**

**JoAnna Kilby, Program Assistant, 4-H
Prepping for Summer with 4-H**

Junior 4-H Overnight Camp

Who can attend? Youth from Culpeper County ages 9-13 as of 9/30/23

When: June 18-22, 2023

Where: Northern Virginia 4-H Educational Center, Front Royal, VA

What should we expect? Campers will select from a variety of classes such as archery, canoeing, cooking, arts & crafts, swimming, ropes course etc. They will enjoy afternoon recreation including daily swimming, and evening programs such as a talent show. A roommate request is guaranteed in our dorm style rooms so bring a friend!

For more information: For cost, registration information, class selection, and other details, visit our camp website at <https://sites.google.com/vt.edu/2023-4hcamp/Home>

JUNIOR 4-H DAY CAMP

Who can attend? Culpeper Youth ages 9-13 as of 9/30/23

When: July 18-20, 2023

Where: The Carver Center

What should we expect? Classes to include: STEAM, natural resources, and recreational activities.

For more information: Visit Culpeper County 4-H on Facebook or email cmosley1@vt.edu

*If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in any of the activities offered by Virginia Cooperative Extension, Culpeper Office, please contact our office at (540) 727-3435 during business hours of 8am and 5pm to discuss accommodations at least 5 days prior to the event. *TDD number is (800) 828-1120.*

Prepping for Summer with 4-H (continued)**4-H CLOVERBUD DAY CAMP****(2 Session Offerings - choose only 1)****Who can attend?** Culpeper youth ages 5-8 as of 9/30/23**When:** June 7-9 OR July 26-28, 2023**Where:** The Carver Center**What should we expect?** Classes to include: STEAM, natural resources, and recreational activities.**For more information and to register:** Visit Culpeper County 4-H on Facebook or email cmosley1@vt.edu**4-H PARENT/CHILD CLOVERBUD CAMP Weekend****Who can attend?** Youth ages 5-8 (as of 9/30/23) and an accompanying adult**When:** July 7-9, 2023**Where:** Northern Virginia 4-H Educational Center, Front Royal**What should we expect?** Enjoy an overnight weekend of camp classes, campfires, canoeing and more.**For more information:** Register for this event directly with the NOVA 4-H Center. Visit www.nova4h.com for more information.**CULPEPER-MADISON-RAPPAHANNOCK FARM SHOW****Who can attend?** Anyone! And it's FREE!**When:** July 6-10, 2023**Where:** Culpeper Agricultural Enterprises right next to the Culpeper Animal Shelter on Rt 29S**What should we expect?** Tour the barns and see the animals, watch 4-H members compete in livestock competitions, enter exhibits for youth and adults such as arts & crafts, fiber arts, flowers and vegetables, pies, pound cakes, and cobblers. Visit the Homemaker's Building to view the exhibits. Participate in special events such as the Cornhole Tournament, Little Mr. & Miss CMR Pageant, Bucket Babies and more!**For more information:** Visit our website at www.cmrfarmshow.com**Would you consider sponsoring a child to attend one of our summer programs?**

With costs rising, we are receiving more and more requests for financial assistance to attend summer camps. Sponsor a partial or full camp scholarship with a tax deductible gift to the Culpeper 4-H Foundation. Checks can be mailed to 101 S. West St. Culpeper, VA 22701.

Can you Help?

Family and Consumer Sciences (FCS)**Lenah Nguyen, Extension Agent, FCS****Do you have a hard time getting kids to eat new things?****Here are a few tips from Family and Consumer Science Agent Lenah Nguyen.**

Getting children to try new foods and adopt healthy eating practices can be a challenge. The strategy that works best in my house is getting my children involved in cooking healthy meals. My children are 4 and 6, and so a step stool is the best tool we have for getting them engaged in cooking. Silicone knives are also a great tool for young children in the kitchen – they are effective at cutting most fruits and vegetables and you can multitask without worrying about your children cutting themselves. My children will naturally snack on



whatever it is that they are preparing and then they are more likely to eat the meal that they had a hand in preparing. So, if they are in charge of chopping veggies, they are likely to eat twice as many veggies than if it was a meal I had prepared by myself. One of our favorite family meals that gets everyone involved in the preparation is Vietnamese Spring Rolls. We prepare all the filling ingredients as a family and then everyone makes

their own rolls to their own liking at the dinner table. You can find many spring roll recipes on the internet, but like any recipe you can tweak the ingredients to match your family's preferences or the ingredients you have on hand.

This is the base recipe that we use for our family spring rolls:

Ingredients:

Spring Roll Rice Wrappers
 Vermicelli Rice Noodles
 Medium or Small Boiled or Sautéed Shrimp
 Fried Tofu
 Cilantro
 Mint
 Shredded Carrots
 Julienned Cucumbers
 Romaine Lettuce

The rice paper is wet first in some warm water and placed on a plate. The wetting of the rice paper transforms it from hard and fragile to pliable and sticky. As this transformation is occurring, ingredients of each person's choosing are added on one side of the rice paper. My son tends to go heavy on the cucumbers and shrimp while my daughter likes even amounts of everything in her rolls. Once the rice paper is pliable, this is all rolled up like a tiny burrito. Each person also gets a tiny dipping sauce bowl for their own choice of dipping sauce. My daughter's favorite dipping sauce is peanut sauce while my son prefers my mother-in-law's fish based sauce, which we always have on hand in our fridge. The rolling of the spring rolls inevitably becomes a competition at our house—who can make the prettiest one, who can make the biggest one, who can come up with the weirdest combination of ingredients (we have learned that leftover fish sticks are actually surprisingly good in spring rolls). Because they are tiny, most people eat several for their meal – so there are several opportunities to make the perfect roll. It's a great meal to teach the joy of healthy eating and the art of using up leftovers!





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Graze 300 Adopted by VA DCR,

by Carl Stafford,

Senior Extension Agent, Livestock Forages

Graze 300 is a management approach for grazing livestock producers (cattle, sheep/goats and horses) allowing for a reduced winter feed cost. When livestock graze, their diet is cheaper compared to when they eat hay, while performance is similar. Hay is a traditional winter feed supply for these livestock, and the cost of production has pushed many to seek an alternative to feeding hay from Thanksgiving to Easter, a common practice. And, when livestock graze their impacts to the land are also distributed when it is most needed. This means, when the soil is wet, pasture sods can be damaged by animal feet. This distribution of animals across stockpiled pasture also distributes their manure and urine – a good way to return nutrients to the land. With the addition of bale grazing as part of the pilot project, the nutrients found in hay are also returned to a variety of places across the pasture. The soil test for carbon dioxide helps figure out if extra Nitrogen is expected to be of benefit. If not found to be beneficial, none is applied, saving cost and reducing environmental risk.

Graze 300 VA, a Virginia Cooperative Extension branded program, has reached another milestone in its progress with producer adoption of extended grazing practices. The Graze 300 team is concluding its grant commitment with the Virginia Tech College of Agriculture, Center for Advanced Innovation in Agriculture. This grant funded our work to develop and deliver training, educational resources and technical applications supporting advances in grazing livestock management.

And now, the Virginia Department of Conservation and Recreation (DCR) is rolling out pilot testing of Graze 300 practices in two Virginia Soil and Water Conservation Districts (Culpeper and Headwaters). Grazing management advocated by Graze 300 will become part of the DCR SL10E cost share practice, an upgrade to the existing SL 10. In addition, measures of Soil Test Biological Activity

(STBA) based on research by Dr Alan Franzluebbers, USDA ARS, NC State and implementation of Bale Grazing based on work by Dr Greg Halich, University of Kentucky, will be incentives added to the new practice.

Adding grazing days to livestock production increases profitability to a point, when compared to a long winter of hay feeding. Reaching 300 days of grazing can be the sweet spot economically for many producers and case studies developed by Extension Agents across Virginia show this. Our examples point to profit increases when stocking rate is reduced because extra grass grown is carried forward for use during drought and as a primary feedstuff in winter. In the end, less hay feeding will improve the bottom line as our budgets show hay is responsible for at least 50% of cow calf production costs.

Adding STBA to the new SL10E practice offers the potential to limit another cost related to stockpiled fescue - nitrogen fertilizer. Testing soil reveals the potential for plant-available nitrogen to be released from decomposing organic matter. Soils under long-term pasture and in no-till cropping often have an active N cycle involving organic matter decay which is responsible for releasing stored N. Old sods are expected to contain organic matter sufficient to release N at levels supporting adequate stockpiled fescue production. Work by Chris Teutsch in VA suggests that these sods contain sufficient concentrations of organic matter to release enough N to stockpile 2500 pounds of hay equivalent fescue per acre. Adding more N to these soils is not expected to result in an economic response in fescue production. Current N and hay costs further support the value of using this practice.

The Bale Grazing practice offers a chance to strategically spread out fed hay and animal waste across a landscape capable of absorbing most of the nutrients introduced from hay. When compared to centralized feeding areas, bale grazing will result in fewer nutrients being lost in run-off during wet winter conditions, while spreading out impacts to pasture sods. Some reseeding may be required on these feeding sites but nutrients from fed hay can be recycled for future production, while improving water quality.

Exciting Plants: *Actinidia arguta*

by Ashley Appling, Extension Agent, Horticulture

Actinidia arguta is better known by the common name hardy kiwi. It is related to kiwi fruit (*Actinidia deliciosa*) which is commonly found at the supermarket. They are both native to Asia, with hardy kiwi originating in Northern China and Siberia, while kiwi fruit is native to Southern China. Kiwi fruit is cold hardy to USDA hardiness zone 7B, with protection from severe cold weather. In Virginia, this means that the preferred home of kiwi fruit would be south of Richmond towards the Tidewater area. The hardy kiwi on the other hand is cold hardy to USDA hardiness zone 4 (tolerating temperature down to - 25°F). Late spring freezes can be an issue but the plants usually recover quickly. Flowering occurs from May to June, with the flowers usually hidden under the leaves.

The fruits are about the size of a grape but this size can vary by the cultivar grown. They are also not covered by fuzz, are green, and can be eaten without peeling. Hardy kiwi is a healthy snack containing high vitamin C (10 times higher than an orange), as much potassium as a banana, and high fiber. The flavor of the fruit varies among the cultivars but has been described as similar to kiwi



Hardy Kiwi - *Actinidia arguta* 'Ananasnaya'.

Photo by Ashley Appling

fruit; banana; strawberry; mint; or pear. The fruits can be stored up to two months in the refrigerator.

Hardy kiwi requires male and female plants for fruit production (the plants are dioecious), and can be planted with one male plant for every six female plants. The plants are very vigorous growers and can climb to 25 to 30 feet in height or width depending on the support structure. Hardy kiwi begins fruiting at about five years old and can produce 10 gallons of fruit per year once mature. Another related species *Actinidia kolomikta* (super hardy kiwi) is cold hardy to USDA hardiness zone 3 (tolerating temperature down to - 45°F) and has the distinction of having pink and white variegated leaves. Common cultivars of both species include 'Arctic Beauty' (male and female plants); 'Ananasnaya'; 'Dumbarton Oaks'; 'Geneva'; 'Issai' (partially self-fertile); 'Ken's Red' (male and female plants); and 'Meader' (male and

female plants). Although not commonly grown this plant has great potential in the home garden.



Virginia Department of Health - Tuberculosis

Every year on March 24th, World TB Day is observed, marking the date Dr. Robert Koch announced his discovery of the bacteria that causes tuberculosis (TB).

TB is one of the world's leading infectious disease killers. The bacteria responsible for causing TB can live in the body for years without causing symptoms (known as latent TB infection, or LTBI). It is estimated that up to 13 million people in the U.S. live with LTBI and without treatment, 1 in 10 of those people will become sick with active TB disease, which can spread to others and be deadly.

TB is spread through the air from person-to-person. Even though TB bacteria usually attacks the lungs, it can attack any part of the body such as the kidneys, spine, and brain. When a person with active TB disease of the lungs or throat coughs, speaks, or sings, the bacteria can get into the air and people nearby may breathe it in and become infected. Not everyone with LTBI will become sick with active TB. If a person does become sick with active TB, and if the infection is not treated properly, it can be fatal.

Some people develop TB soon after becoming infected (within weeks) and others may not become sick for years, when their immune system is weakened for another reason.

Symptoms of TB depend on where in the body the bacteria are growing and may include:

- Bad cough that lasts 3 weeks or longer
- Pain in the chest
- Coughing up blood or sputum (phlegm from deep inside the lungs)
- Weakness or fatigue
- Weight loss
- Chills
- No appetite
- Fever
- Sweating at night

The Rappahannock-Rapidan Health District provides TB risk assessment and testing at our local health departments by appointment during our scheduled immunization clinics. Insurance is accepted and sliding-scale fees are applied with proof of income. For clinic schedules, visit: vdh.virginia.gov/rappahannock-rapidan/immunizations.

Mary E. Chamberlin
Community Engagement Specialist



DisAbility Resource Center Now Serving Culpeper County

The disAbility Resource Center (dRC) is a Fredericksburg-based non-profit Center for Independent Living (CIL) that provides services and advocacy promoting independence, empowerment and productivity of people with disabilities. CIL's statewide work with both individuals and communities to remove barriers for people and to provide them with independence and ensure the equality of persons with disabilities.

The Fredericksburg organization that provides these services to Planning District 16, is now extending its five core services to Planning District 9 which includes Culpeper County and its citizens with disabilities. These core services range from advocacy, information and referral, peer mentoring, independent living skills training, and transition services from nursing homes or facilities back into their homes, or for youth transitioning from high school to adult life. "The expansion of service into Culpeper County was made possible by a grant from the Virginia Statewide Independent Living Council (SILC)," said Brenda Boggs, dRC's Community Integration Specialist who will be working in Culpeper County one day a week.

"A lot of people know someone with a disability either in their family, among friends, in the local church, or in their community," Boggs added. "But most people aren't aware of some of the programs and services that are needed for someone with a disability that dRC can provide."

"For example, a young lady with a disability, working with disAbility Resource Center (dRC) staff, increased her independence and advocacy skills enabling her to ride a bus from home to the dRC office and take classes at Germanna Community

College," Boggs said. "She now leads a leadership group at the dRC."

"Another person with a disability, using Medicaid waiver services and support and resources from the dRC, recently moved into their own apartment," Boggs added. "These are a few of the success stories that highlight the importance of Centers for Independent Living."

Centers for Independent Living (CILs) are non-profit, nonresidential, community-based, consumer-controlled, cross-disability organizations. Centers for Independent Living were established in 1977 to create a peer support system for individuals with disabilities.

The dRC is a Center for Independent Living that was established in 1993. Services the dRC provide are at no cost. The organization is one of 17 CILs in Virginia, providing services for Fredericksburg and the counties of Stafford, Spotsylvania, Caroline, and King George.

The Virginia SILC grant will provide services to the area of Culpeper city and county, and Madison, Orange, and lower Rappahannock counties where there are no Centers for Independent Living (CIL) offices or services. The Culpeper area is one of four unserved CIL areas of the state.

For more information on Centers for Independent Living services in Culpeper County, please contact Brenda Boggs at 540-373-2559, or email her at bboggs@cildrc.org, Monday-Friday.

Website: www.cildrc.org

AGING TOGETHER & THE PIEDMONT DEMENTIA EDUCATION COMMITTEE

host quarterly Dementia Friends Sessions, usually virtually. If you are interested in participating in a session, check our website regularly to find a date that suits you, and sign up! Upcoming Dementia Friends Sessions:

April 11, July 11, October 10; All from Noon-1pm

Champion is Liesa Dodson of The Harbor at Renaissance

www.agingtogether.org (under Programs tab)

PO Box 367, Culpeper VA 22701

540-829-6405

Info@agingtogether.org





Culpeper County Farm Receives State Recognition

Every year, the Culpeper Soil and Water Conservation District Board of Directors selects one farm per member county to receive a State Clean Water Farm Award. The award is given based on the farm's accomplishments and commitment to land stewardship and natural resource conservation management. The recipient of the 2022 Clean Water Farm Award for Culpeper County is Locust Dale Cattle Company, which is operated by John Paul and Mollie Visosky.

The total acreage of the farm is approximately 4,200 acres, which consists of both cool and warm season perennial pastures, hayland, cropland and mixed hardwood forest. The farm is bordered by the Robinson River to the south, historic Cedar Mountain to the north, and stretches from Rt.15 on the west to Rapidan Road in the east. The farm was recognized by the District for its management of the 900 acres of pasture.

Conservation efforts with the Culpeper Soil and Water District began in the spring of 2015. John Paul was interested in changing the farm's management style, which was historically a feedlot and finishing beef operation, to a pasture raised cow/calf operation, utilizing grass and other forages. Of particular interest was using fencing to establish a rotational grazing system and installing a series of water systems to supply the cattle with clean, reliable water.

Between all six projects or phases on the 900+ acres pastureland the Culpeper SWCD helped install:

- 39,000', or seven miles of stream exclusion fence
- 12,240', or 2.3 miles of interior cross fence
- 24,790', or 4.7 miles of pipeline to distribute water to
- 19 water troughs

The Visosky family was recognized at the Culpeper SWCD Annual Awards banquet along with Culpeper County Directors Tom O'Halloran and Dennis Verhoff and Associate Director Bob Williamson. Mr. Andrew Smith, Chief Deputy Director and Mr. James Martin, Division Director of the Soil and Water Division from Virginia Department of Conservation and Recreation were also in attendance.



Culpeper County Supervisor David Durr; Culpeper SWCD Associate Director Bob Williamson; Culpeper SWCD Director Tom O'Halloran; Award recipients Jeremy and Gerard Engh; and Culpeper SWCD Director Dennis Verhoff

Jeremy Engh Recognized as Conservationist of the Year



Culpeper County Supervisor David Durr; Culpeper SWCD Director Tom O'Halloran; Culpeper SWCD Associate Director Bob Williamson; CWFA recipients John Paul and Mollie Visosky; Virginia Department of Conservation and Recreation Division Director of the Soil and Water Division James Martin; Virginia Department of Conservation and Recreation Chief Deputy Director Andrew Smith; Culpeper SWCD Director Dennis Verhoff

The Culpeper Soil and Water Conservation District, which includes 5 contiguous counties here in Central Virginia, recently recognized Culpeper County farmer Jeremy Engh of Lakota Ranch along the Rappahannock River. Mr. Engh received the District's Conservationist of the Year Award. Jeremy and his family have a long history of conservation on their 730-acre farm in Culpeper County. The farm is home to the oldest and most prominent Devon beef cattle herd in the nation – a reputation the Engh family has held since the 1950s.

Lakota Ranch is located in Remington along the Rappahannock River, and tributaries to both the Rappahannock River and the Hazel River.

The entire operation consists of 1,200 acres of both owned and rented land where 350 cows graze year-round, utilizing intensive rotational grazing, strip grazing and mob grazing management on stockpiled forages.

The livestock are excluded from all streams on the farm, have alternative water troughs to drink from, supplied by both wells and spring developments. They also have stream crossings that can act as hardened access watering points when needed. And the farms are routinely soil sampled and have and follow, nutrient management plans.

The fields are a rich mix of forages with cool and warm seasons species. Annually they frost seed nearly 500 acres with a clover mix, that consists of about half clover varieties, and a heavy mix of forbs, legumes and grass seed varieties.

They also graze 60 acres of summer annuals and 80 acres of winter annuals each year and have incorporated native warm season perennials such as gamma, blue stem and switchgrass within their river bottom fields.

Rotational grazing, mob grazing and strip grazing are all management tools Jeremy utilizes to improve the fields year after year and keep his herds fat and happy. At the home farm, there are close to 30 pasture fields that the livestock are rotated through. Jeremy rotates the herds far before the grasses are grazed down to the minimum grazing height for those forage species and maintains a thick stockpile in many of the fields. He avoids herbicides and manages for invasive species, weeds and undesirable grazing species by bushhogging and utilizing the cattle to encourage the growth of ideal forages.

Mr. Engh has regularly made himself and the farm available for workshops and teaching others, further supporting the nomination.

The Engh family was recognized at the Culpeper SWCD Annual Awards banquet by Culpeper County Directors Tom O'Halloran and Dennis Verhoff and Associate Director Bob Williamson along with Culpeper County Supervisor Mr. David Durr, Mr. Andrew Smith, Chief Deputy Director and Mr. James Martin, Division Director of the Soil and Water Division from Virginia Department of Conservation and Recreation, were also in attendance.

Culpeper County is represented on the Culpeper SWCD Board of Directors by Elected Directors Tom O'Halloran and Dennis Verhoff as well as Associate Director Bob Williamson.

As always, Culpeper Soil and Water Conservation District is available with cost share for agricultural producers, technical assistance for all residents, hands on classroom/Zoom programs and rain barrels! Contact Stephanie DeNicola at stephanied@culpeperswcd.org or 540-825-8591 for more information.

We've Moved, But Not Far

New ground level space more accessible to voters.

We're excited to announce our move to **131 N. Main Street**. With an increased focus on serving voters during Early Voting periods, we needed a way to welcome more foot traffic while also increasing our visibility. The building should look very familiar to you if you've visited us before - we simply moved downstairs - but our new location offers a separate front door and avoids the elevator bottleneck. After serving thousands of voters over the past few years, we're planning ahead for ever-increasing voter demand. We hope you'll be happy with the convenience provided by this new location.



The Culpeper County Voter Registration and Election Office remains in the Giles Miller Building but has moved to the old Parks and Recreation office space directly below our existing office space. The new space has its own building entrance.

Electoral Board Welcomes Don Doyle as New Member

When he began his service as an Election Officer in 2016, Don Doyle was simply looking for ways to get involved and help his neighbors. With his new appointment to the Culpeper County Electoral Board, Doyle's attitude and approach haven't changed.

"Don is focused on the voters and making the changes needed to improve the process for them," said Director of Elections, James Clements. "We look forward to working with him in this new role and expect the contributions he makes to bring noticeable benefits."

Doyle recently served as the Chief Officer of the Pearl Sample precinct and was nominated for appointment by the local Republican Committee who picked up a seat on the Board with the election of Gov. Youngkin. He joins current members Clive Richmond and Tracy Neely on the Board.



Culpeper County Voter Registration

Mail: 131 N. Main St.

Phone 540-825-0652

Email: registrar@culpepercounty.gov

People Incorporated is a non-profit with locations across Virginia, including Culpeper. People, Inc. is committed to providing opportunities for economically disadvantaged people to reach their goals to enhance their lives, their families, and their communities. You can learn more about our services by reading our [2022 Annual Impact Report](#).

Our Culpeper office is located at 233 East Davis St., Suite 100 and 300. Call the office at 833-277-9330, email info@peopleinc.net or visit our website at peopleinc.net to learn more. Find program updates, events, and community resources by following us on [Facebook](#), [Twitter](#) and [LinkedIn](#).

People Inc.'s Court Appointed Special Advocates (CASA) of Culpeper is looking for dedicated volunteers to represent the best interests of foster children in the court system. Learn more about this volunteer opportunity by contacting Rebecca Slone at 276-356-9062 or emailing rslope@peopleinc.net.

Empowering Culpeper will continue to hold their community food distributions on the third Saturday of every month in Culpeper. The service has now expanded to include personal care and hygiene items, as well as pet food supplies. Visit People inc.'s Facebook page, call 540-935-0047, or email empoweringculpeper@peopleinc.net for location and distribution dates.

Interested in volunteering with Empowering Culpeper? Email volunteer@peopleinc.net.

Did you know that People Inc. offers personal loans, business loans, services for ex-offenders, homeless services, and affordable housing in Culpeper? Call the Culpeper Office for more information at 833-277-9330, visit our [website](#) or email info@peopleinc.net.

Healthy Families Culpeper

We are a non-profit program with three FREE and PRIVATE services to families of Culpeper.

Welcome Home Baby - a free one-time visit with a Family Resource Specialist, that includes referrals to community resources and a gift bag with baby items!

Healthy Steps - A free ongoing service with a Family Support Specialist focused on child development from pregnancy through kindergarten.

Parenting Education Program - a free parenting class offered to support parents and caregivers of children ages 2 to 12. Come and join for an interactive and educational look at active parenting. The classes are held virtually through Zoom 6:00 to 8:00 pm on the first 3 Tuesday evenings of each month. Contact us to get signed up!

Upcoming Schedule: April 4th, 11th, 18th

May 2nd, 9th, 16th

June 6th, 13th, 20th

July - no classes scheduled

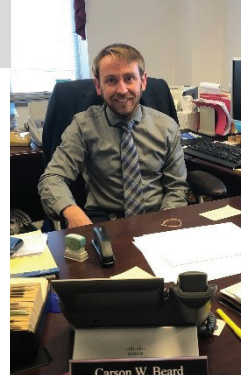
Expecting a baby or have a newborn? Families First - Healthy Families Culpeper is perfect! Contact us for more information! Call or text: 540-222-6320

Facebook: Families First - Healthy Families Culpeper

Website: healthyfamiliesculpeper.org

email: healthyfamiliesculpeper@gmail.com

Please note: we accept donations to share with families.

CULPEPER COUNTY CIRCUIT COURT CLERK - CARSON W. BEARD

To the Citizens of Culpeper County,

I am so honored and humbled to serve the community as the Clerk of Court. Thank you all for everything. If anyone has any questions, please feel free to contact me. The Clerk's Office is open from 8:00AM to 4:00PM, Monday through Friday (540) 727-3438.

PUBLIC OFFICE STAFF:

Jennifer L. Weakley, Chief Deputy Clerk (Probate, Criminal, & Records)
Stacy S. Putnam, Deputy Clerk (Civil & Jury)
Sylvia Renninger, Administrative Assistant (Criminal, Concealed Handgun Permits, & SRA)
Nicole Richardson Fields, Deputy Clerk (Civil & Land Records)
Kristen E. Shipe, Deputy Clerk (Criminal)

COURTROOM STAFF:

Stephanie Voss, Deputy Clerk
Courtne Koontz, Deputy Clerk
Helen Casillas, Deputy Clerk
Skyler Sorensen, Deputy Clerk
Teresa Holliday, Deputy Clerk

INFORMATION:

This quarter I would like to talk about Jury Duty Service and the selection process. Every year, during the month of August, several thousand questionnaires (approximately 5,000 to 6,000) are mailed to Culpeper County Residents based upon data on file with the Commonwealth of Virginia (Voter Registration/DMV). These can be returned to our office by mail, and now, they can be submitted online at no cost. Culpeper Circuit Court now has an online Jury Questionnaire Portal at <https://eapps.courts.state.va.us/ejury/culpeper/>. The online system is very user-friendly and we highly encourage anyone who may receive the annual questionnaire around August, to complete the questionnaire online. Of course, you may also send them back via the U.S. Postal Service or you can return them in-person at the courthouse. These questionnaires are then reviewed by Jury Commissioners during the month of October, and they select the petit jury for the upcoming year.

The Petit Juror serves as "on call" during a two-month term. Anyone who is selected to potentially serve on a jury during a particular term will receive another notice indicating such as well as further instructions. At this time, you do not need to report, but if you have any exclusion dates or requests for exemptions, you may also use the same online jury portal previously mentioned to send those requests in. If you do not have access to the internet, just give us a call and we will mail you a form to make those same requests.

Jurors who are selected to serve on a particular jury within that term will then be notified by the Sheriff's Department of a date and time to report. It is important once they receive notification that they check the jury confirmation line at 540-727-3419 to verify if the jury for their day of selection is still going forward. Make sure to call that line the night before and prior to leaving for service. Sometimes cases are removed at the last minute. If the case has been removed, no reporting will be required, however if it has not, the juror must report at that date and time. It is not uncommon to be selected for jury duty multiple times during the term. You will be paid for each day that you serve as a juror. The payment will be mailed approximately three weeks after the end of the term.

Our terms begin on the third Monday of every even month, excluding any Mondays that may fall on a holiday, then it is typically the following day. On that particular day, referred to as "Term Day," another type of jury consisting of 5-7 members known as a Grand Jury serves. The Grand Jury is selected from the pool of petit jurors annually in the month of June, July, or August by the Judge to serve for the next twelve months. The number consists of 60-120 citizens. If you are selected for service for a particular Grand Jury, then you will be notified by the Sheriff's Office about two weeks prior to the Term Day for which you are to report.

More information can be found on our website at <https://web.culpepercounty.gov/circuit/page/juror-information>, including the answer book for jury service. For all those selected to serve on a jury, we certainly appreciate your service! Serving as a Juror is one of the most vital roles that we have in our justice system.

Terry L. Yowell, Commissioner of the Revenue

Culpeper County Food and Beverage Tax

On May 3, 2022, Culpeper County Board of Supervisors adopted an ordinance implementing the County Food and Beverage tax. The authority for the Board of Supervisors to enact this type of taxation came from the Virginia General Assembly. During their 2020 Session, the General Assembly approved legislation which allows Counties throughout the Commonwealth to exercise many of the same taxing authorities Towns and Cities have exercised for decades. The General Assembly's action was to allow parity between County, Town and City governments.

The County Food and Beverage tax went into effect January 1, 2023. Just like the Town of Culpeper, the County Food and Beverage tax is 6% of the total cost of food and beverages sold. The County Food and Beverage tax is in addition to the 5.3% State Sales tax. The County Food and Beverage tax is NOT in addition to the Town of Culpeper Food and Beverage tax. Tax levied on the sale of prepared food and beverages, subject to taxation by the Town of Culpeper, will continue to be remitted to the Town office. The tax levied on the sale of prepared food and beverages, subject to taxation by the County, will be remitted to the Commissioner of the Revenue's office.

The Food and Beverage Tax applies to all Culpeper County businesses selling prepared food and beverages, including alcoholic beverages, whether prepared or consumed in the food establishment or not, and whether consumed on the premises of the food establishment or not. Keep in mind, this tax is not levied on unprepared grocery items such as a dozen eggs, pound of bacon and a can of biscuits or a box of noodles, jar of spaghetti sauce and a pound of beef or a two liter bottle of soda. The tax is levied on prepared food and beverages such as deep-fried chicken wings and french fries, bologna and cheese sandwiches, pizza slices, cups of bean and ham soup, BBQ wraps or glasses of craft beer and wine.

The types of food establishments subject to charging, collecting and remitting the County Food and Beverage tax include, but are not limited to, Bakeries, Food Trucks & Vendors, Bars & Breweries, Health Clubs, Buffets, Hot Dog Stands, Cafes, Ice Cream Parlors/Yogurt Shops, Caterers, Lunch Rooms, Coffee Shops, Mobile Food Services, Concession Stands, Night Clubs, Confectionery, Public & Private Clubs, Convenience Stores, Push Carts, Delicatessen, Restaurants, Dining Rooms, Short Order Places, Distilleries & Wineries and Sporting Venues.

The tax is collected by the business and held in trust until remitted to the County. Returns and payments are due to the Commissioner of the Revenue's Office on or before the 20th day of each month, covering the amount of tax collected during the preceding month. Payments are to be made payable to 'Culpeper County Treasurer'.

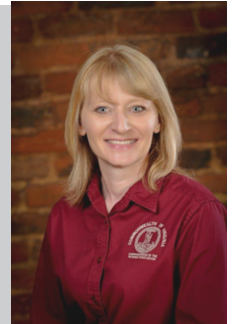
If you have questions or need more information about the Food and Beverage Tax you can visit the Culpeper County website at web.culpepercounty.gov, select Services, then County Code, then navigate to Culpeper County, Virginia – Code of Ordinances Chapter 12 Taxation, Article XIX Food and Beverage Tax, Secs. 12-260 through 12-279 for the complete ordinance.

As always, if you have any questions, please call, email or stop in and see us.

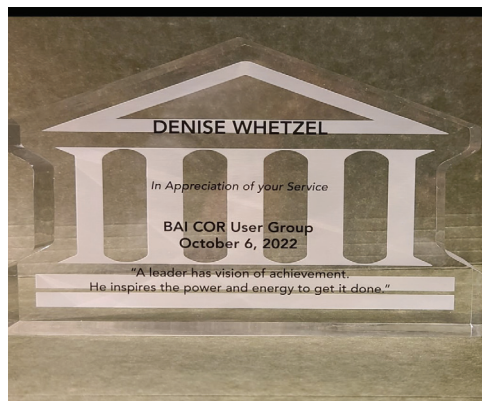
151 N. Main Street,
Culpeper VA 22701

Email: tyowell@culpepercounty.gov

website: web.culpepercounty.gov



Master Chief Deputy Commissioner of the Revenue Denise Whetzel receives User Group Award



The Virginia Bright and Associates Inc. Commissioner of the Revenue User Group recognized Denise Whetzel for her volunteer service at their Annual Conference held on October 6, 2022 in Lynchburg VA. Bright and Associates Inc. is the Software used by Culpeper County Commissioner, Treasurer and Finance offices. User Group President Sherry Sours, Warren County Commissioner of Revenue, thanked Denise for her dedication and excellence serving as Treasurer of the User Group for 5 years.

Over the past 14 years, Denise has served on several sub-committees as well as the Think Tank Committee.

Commissioner of the Revenue Terry L. Yowell, MCR receives 2022 President's Award



The Virginia Commissioners of the Revenue Association recognized The Honorable Terry Yowell, Commissioner of the Revenue for Culpeper County, for her outstanding service at their 103rd annual conference held September 14, 2022 in Blacksburg VA. Association President Phil Kellam said "Terry has been an active member of the Commissioners of the Revenue Association since her day one. She has volunteered and provided timely support, with backbone and wisdom. Terry held our state-wide association together through

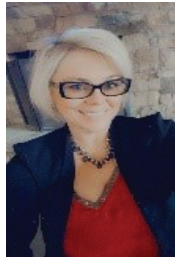
the COVID pandemic and has provided invaluable support to me and our association's Executive Board over the last year." Terry served as President of the Association from September 2020 thru October 2021 and as Immediate Past President from October 2021 to September 2022. She serves on several committees, including Education, Career Development, Veterans, Public Relations, Bylaws and Nominating. She has been a member of the Commissioners of the Revenue Association for 28 years.

**CULPEPER COUNTY TREASURER,
Missy N. White**

Dear Culpeper Citizens,

I hope this issue of the Culpeper Quarterly finds you all well! I know we are all ready for Spring and some warmer weather! As always, it continues to be my pleasure to serve as your Culpeper County Treasurer. Please do not hesitate to contact my office should you ever need assistance or have any questions regarding your tax bills.

~Missy N. White



**DO YOU 'CRINGE' WHEN YOU
GET YOUR ANNUAL TAX BILL?
HERE'S AN EASY WAY TO MAKE
PAYMENTS THROUGHOUT THE YEAR!!**



MONTHLY AUTOMATIC DEBIT (ACH) PAYMENT PROGRAM!

We are thrilled to offer Culpeper citizens the opportunity to have monthly payments automatically drafted from your checking account to pay towards your annual tax bill! This program is designed to make paying your taxes easy, convenient and hassle-free.

- There is no charge to participate in this program.
- By enrolling in this program, you are authorizing Culpeper County Treasurer's Office to deduct agreed upon payment(s) from your financial institution on the 1st of each month, beginning the month following enrollment. These amounts will be applied to any delinquent tax bill first or, if no balance, will be put into a 'prepay' account to be applied to your annual tax bill.

We are very excited to offer this new program as we are continually striving to make our services more convenient and cost effective for our citizens.

Please contact our office at 540.727.3442 or missynwhite@culpepercounty.gov for more information or to obtain an enrollment form.

**NOT INTERESTED IN THE AUTO-PAYMENT OPTION?
NO PROBLEM!
YOU CAN PREPAY TOWARDS YOUR TAXES AT ANY
TIME BY MAIL, IN PERSON OR ONLINE!
LET US KNOW IF YOU NEED HELP!**

SCAM ALERT

How To Protect Yourself From Financial Fraud Scams

In recent years, there has been an increase in the number of scam phone calls and e-mails designed to trick people into fraudulently paying money for various things or gaining access to financial accounts. Some examples would be phone calls and/or e-mails from people posing as an IRS employee, someone from your bank, a law enforcement officer, etc. These people attempt to make contact with you usually to scare you into doing what they ask without thinking about it too hard. Most of the time, they try to make you believe either that something bad is happening or is going to happen unless you give them money or “verify” your account information for them so that you can change your password, or something along those lines.

Someone pretending to be from the “IRS” might call and say that you have back-taxes that need to be paid or you will go to jail and the only way to avoid that is to pay \$XX.XX by purchasing pre-paid credit cards or gift cards and sending them to a specific address – sometimes they will even say to purchase the cards and then read them the activation information. There are many more of these fraudulent schemes, but they all tend to follow a pattern something like what was just described. The best way to defend yourself against this type of fraud is to know that no legitimate government agency or business will ask you to purchase pre-paid credit cards, Green Dot cards, gift cards, etc. in order to pay them what you allegedly owe. It should also be a major red flag that the funds they are asking for, if they ask you to mail them, are not being sent to a government address but rather a PO Box or just some seemingly random address.

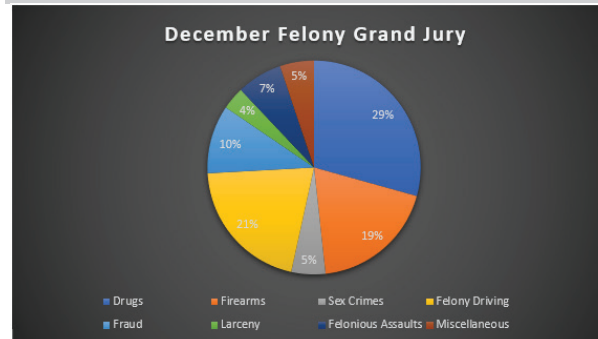
And it isn't just money that these criminals want. Another type of financial fraud involves getting you to give up personal or financial information, usually over the phone. Someone claiming they are an employee at your bank will ask you for your account information, date of birth, or social security number “just to verify your information.” A legitimate bank employee will never call you and then ask you for your information before continuing. Rather, employees at financial institutions will only ask for this kind of information if you have called them about something related to your account.

The main takeaway here is that you should safeguard your personal and financial information and not give that information out to anyone that contacts you by phone or e-mail. You should also verify that any number you are asked to call or address you are asked to send funds to is legitimate. Do not blindly accept what someone tells you in a phone call or e-mail without verifying it, and you will be well on your way to safeguarding yourself against many of the more popular financial scams.

Sadly, many of the people who are targeted by these scams are the elderly or those willing to place too much trust in a stranger. If you or someone you know falls victim to one of these types of scams, contact law enforcement to file a report so that a criminal investigation can begin.

Commonwealth's Attorney - Paul Walther

December Felony Grand Jury



Cases of Note:

On July 6, 2022, after a trial which lasted a day and a half, a jury returned guilty verdicts against Timothy Wayne Turner, Jr. for maiming which resulted in permanent injury while driving while under the influence.. On October 25, 2022, the Honorable Dale B. Durrer, sentenced the defendant to a total sentence of nine years

and five months with all but five months of the sentence suspended. Turner also was ordered to complete supervised probation, pay a fine, complete the Virginia Alcohol Safety Action Program and lost his privilege to drive indefinitely. The charges against Turner stemmed from when he crashed head first into an oncoming vehicle at a high rate of speed after crossing into the lane of the oncoming vehicle. He was determined to be under the influence of alcohol and marijuana.

On September 27, 2022, Jose Gomez-Hilario was found guilty of felony money laundering and prostitution related crimes. The Defendant was sentenced to forty years with all but five years of the sentence suspended. Several vehicles and U.S. currency were subject to asset forfeiture proceedings. Two other co-defendants were found guilty and sentenced to active incarceration.

On October 25, 2022, Richard Stachulaki pled guilty to felony carnal knowledge of a minor following his extradition from Kentucky. Following his release from custody, he will be on a period of supervised probation and be required to register with the Sex Offender & Crimes Against Minors Registry.

Employee Spotlight - William “Bill” Waller

My name is William Waller. I was born in Kentucky and spent most of my youth in Kentucky and later in Florida. I grew up loving to play sports, particularly soccer and later rugby, and I had the opportunity to play rugby for my college team. I have an amazing wife, three beautiful little girls that are my world, and the best dog our little family could ever hope for.

I attended Christendom College for undergrad, where I majored in ancient/medieval history. Up until I graduated from college in 2011 I worked as a Certified Pharmacy Technician to pay my way through school.

After college, I attended George Mason University School of Law. I earned my Juris Doctor in 2014 and passed the Virginia State Bar that same year.

On Christmas of 2014, I was hired as a Magistrate in Halifax County, VA and enjoyed living in a cabin in scenic southern Virginia for a little over a year. During my time there I met my wife. In February 2016, I transferred to Northern Virginia and worked as a Magistrate in Loudoun County, where I would stay for the next six and a half years. During my time in Loudoun, my wife and I got married (2017) and our little family grew to where it is now.

In 2022, after nearly eight years as a Magistrate, I became an Assistant Commonwealth's Attorney with the Culpeper Commonwealth's Attorney's Office, where I hope to be able to serve the community for many years to come.



Culpeper County Sheriff's Office - Sheriff Scott H. Jenkins

The Culpeper County Sheriff's Office (CCSO) will hold its annual "Law Enforcement vs. Teachers Youth Sports Benefit game" at Eastern View High school on Friday, March 10, 2023, at 7:00 pm.

CCSO Deputy Melvin White will open up with the National Anthem followed by a prayer, and a routine performance by the Culpeper Middle School cheerleaders. At halftime, the Medford league (special needs students) will participate in a short basketball game. In addition, there will be a mascot tug of war contest, 50/50 drawing, a performance by Art of Dance, and an opportunity to win a car by Koon's Automotive!

Concessions will be available and tickets will be sold at the door. (Student admission is \$3; Adult admission is \$5.) Children under five who wear their Culpeper Sheriff's Youth Sports Camp t-shirt from previous years get free admission. All proceeds benefit the CCSO Youth Sports Camps.*

*The Culpeper County Sheriff's Office summer sports camps are designed to bring the community and law enforcement officers together to interact with children and teenagers in the community.



OPTIONS - A New Year is Upon Us

by Tiffany Diggs, Programs Supervisor



As we step into a new year, we reflect on the past and look forward to the present. The end of the year 2022 brought a new member to the OPTIONS team. Kelsea Fincham joined us as our Programs Assistant. Kelsea is a highly motivated individual that has been learning the operations of the Program as well as bringing in her personality to make the programs she facilitates her own. Along with new personnel

we have added the addition of a new basketball court. The court was made possible by the Make it Happen grant from the Path Foundation.

A grant through the Come As You Are Coalition (CAYA) allowed OPTIONS to purchase four additional raised garden beds for our Back to Nature program. The Back to Nature has made a great deal of progress. OPTIONS donated vegetables grown in our garden beds to Empowering Culpeper. We are now looking forward to planting new crops for the upcoming season. Empowering Culpeper reached record numbers of the families served prior to the Thanksgiving and Christmas Holiday. The staff here at OPTIONS would like to thank the staff and volunteers who make OPTIONS youth feel part of the Empowering Culpeper team.

OPTIONS is a county program for youth ages 11-17. OPTIONS staff evaluate and determine a youth's risk of getting into further trouble with the legal system, in school, at home, in the community or with the use of illicit substances. OPTIONS then implements evidence-based programs to assist youth in developing personal skills to become productive, respectful, and responsible members of the community.

Culpeper Victim/Witness Program

by Mark Nowacki, Director

Each year at Christmas time, the Culpeper Victim Witness Program teams up with friends in the community to help a family in need. This past Christmas, along with the Investigation Division of the Culpeper Town Police, and Team Jordan (Suicide prevention & Survivor Counseling), Macy Hooper took a mom shopping for Christmas. This mother was concerned to not be able to have a Christmas for her three boys, ages 12, 10 and 7, one who is special needs.

"This is exactly the type of circumstances that we look for" said program director Mark Nowacki. He went on to say, "this truly brings out the real spirit of Christmas."

Macy, program assistant director, said she had just as much fun as mom, "being able to watch the joy in her eyes was priceless" she said. Most of the children's wish lists were new clothes for school and play.

Richard Brooking, with the Town Police Investigations Division, said their department was thrilled to join in on the good will. Chris Jenkins with Team Jordan was equally excited and said making a difference in a family's lives, especially children, is what Christmas is all about.

Culpeper's Victim/Witness Program provides a wide variety of comprehensive services to victims and witnesses of crime, helping them transform from victim to survivor. We hope everyone had a wonderful Christmas and New Year! Here's to a happy Spring!

(For information on victims' services, call 540-727-3413)



Photo of Macy shopping with a Mom this past Christmas

A publication of the Culpeper County Board of Supervisors

Culpeper Quarterly



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HONOR • EDUCATE • ENTERTAIN



Every October the Culpeper Air Fest draws in thousands of visitors to watch the skies above!

We hold true to our mission to HONOR the contributions of historic military aircraft, which helped to secure our nation's freedom, to promote and EDUCATE the next generation of aviation enthusiasts, and to ENTERTAIN the public with a family friendly event for all.

But we cannot put on a spectacular show free to the public without your generous support. We rely on sponsorships and donations to host the largest annual event in Culpeper each year. There's a reason we are considered The Best Little Airshow in the East and that's because of YOU.

Please consider donating or being a sponsor for this year's show. You can go to our website to choose a sponsorship level or to make a donation via our QR code or visiting www.culpeperairfest.com.

Thank you for supporting the Culpeper Air Fest! We look forward to putting on a great show in the Fall on Saturday, October 14th.



Culpeper Regional Airport

12517 Beverly Ford Road, Brandy Station, VA

540-825-8280

<https://culpeperairport.com>