

SUMMER 2020
PROGRAM GUIDE

Live here. Play here.

ONLINE REGISTRATION BEGINS

FRIDAY, MAY 29

All other registration methods will begin on
Monday, June 1.



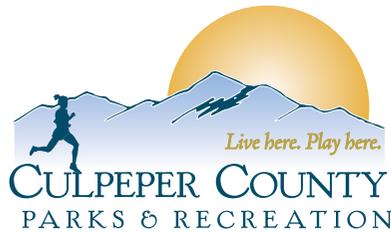


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Staff Directory

Director

Andrew Hardy, ext. 7, ahardy@culpepercounty.gov

Office Manager

Kathy Fulcher, ext. 4, kfulcher@culpepercounty.gov

Programs & Facilities Supervisor

Tabitha Riley, ext. 5, triley@culpepercounty.gov

Recreation Coordinator

ext. 6, parks@culpepercounty.gov

Parks Superintendent

Joe Koontz, jkoontz@culpepercounty.gov
540-718-1706

Parks Maintenance Tech II

Jay Buckle

Parks Maintenance Tech I

Steve Brock, Jarrett Fulcher, Greg Jenkins

Parks & Recreation Administrative Office

131 N. Main Street, Culpeper VA
540-727-3412
parks@culpepercounty.gov
www.CulpeperRecreation.com
www.Facebook.com/CulpeperRecreation



Image Credit: National Recreation and Park Association (NRPA) www.nrpa.org

Advisory Committee

Advisory Mission: The Parks and Recreation Advisory Committee serves as the advisory body to the Culpeper County Board of Supervisors and liaison between the Board and the citizens. Makes recommendations and advises the Parks and Recreation Director in matters affecting recreation policies, programs, personnel, finances, and the acquisition and disposal of lands and properties related to the total community recreation program, and to its long-range, projected program for recreation.

The Recreation Advisory Committee meets the third Tuesday of each month at the Board of Supervisors Conference Room located at 302 North Main Street at 7:00p. The public is encouraged to attend. Each member is appointed by the Board of Supervisors and serves a three-year term.

Catalpa District

Joseph White, 540-623-3462

Cedar Mountain District

Alan Anstine, 540-727-0247

East Fairfax District

Cindy LaFontaine, 540-229-9089

Salem District

Dale Riggs, Chairperson, 540-497-1695

Stevensburg District

Keith Harris, 540-399-1107

Jefferson District

Tom Crosley, Vice Chairperson 540-219-0389

West Fairfax District

Bryan Millea, 301-325-2401

West Fairfax Board of Supervisor, Chairman

Gary Deal, Ex-Officio Member

CCPS Representative

Dr. Russell Houck, Ex-Officio Member

Parks & Recreation Operations and COVID-19 (Coronavirus)

This publication was crafted and sent to print on March 25, 2020 while the COVID-19 (Coronavirus) pandemic was evolving. We have been able to update this electronic version as of May 20, 2020 as the current situation has necessitated changes to the planned schedule. We are hopeful to be operating all of the remaining programs and activities outlined in this "Summer 2020 Live Here. Play Here" Recreation Guide. However, our Department is committed to ensuring the health and safety of all citizens as we respond to the constantly changing situation(s) surrounding COVID-19 (Coronavirus). The County of Culpeper and the Parks and Recreation Department will take whatever appropriate action(s) are necessary to ensure the public's safety. These actions can include, but are not limited to the cancellation and closure of any programs, private rentals, parks, and/or special events.

The Department will issue a full refund for any programs and/or private rentals that are cancelled during this unprecedented pandemic.

Live here. Play here. is published 4 times a year.

Fall 2020 (September–December).

Online registration: August 14

Winter 2021 (January–April)

Activity planning is happening now!

Spring 2021 (April–mid June)

Summer 2021 (mid June–August)

ATHLETICS

Summer Youth Basketball Clinic

Ages 6-15, 6wks

Join volunteer Coach Gary Deal and others for this fun and exciting summer indoor youth basketball program. Skills to be a good teammate and reinforcing positive sportsmanship will be a highlight! Individual fundamentals & team offensive/defensive techniques will be covered in a fun and encouraging atmosphere. *No Class 9/7

CANCELED

(postponed until 2021)

Instructor: Coach Gary Deal
Floyd T. Binns Middle School Gym

Register By: 6/11
W, 6/17-7/29*

Cost: \$10

Ages 6-8	5:00p-6:00p	#3619.0023
Ages 9-11	6:15p-7:15p	#3619.0024
Ages 12-15	7:30p-8:30p	#3619.0025

Little Tigers Karate Camp

Ages 6-11, 4days

Camp provides an introduction to karate and the opportunity for current students to refine their skills. Experience the benefits of the art of self-defense in a summer park setting. Bring a water bottle and light snack.

Instructor: Sensei RW Godlewski
Lenn Park Pavilion

Register By: 6/30

Cost: \$97

F-M, 7/10-7/13, 9:00a-12:00p

#3820.0078

Little Tigers Karate Color Belt Camp

Ages 7-17, 5days

Pre-requisite: Must have already earned green belt (or higher) rank.

New this year—camp will be 5 days! A great opportunity for students to boost their Karate skills and knowledge in a fun summer park setting. Instruction, exercise and practice with special introduction to the kobudo, demonstration, and competition aspects of this martial art. Bring a water bottle and light snack. Dress Code: Karate Gi required

Instructor: Sensei RW Godlewski
Lenn Park Pavilion

Register By: 7/7

Cost: \$97

F-M, 7/17-7/20, 9:00a-12:00n

#3820.0079



Little Tigers Karate Level I

Ages 6-12, 6wks

Two sessions offered. Level 1 is designed for both the introductory (white belts) and the beginner level (yellow/orange belt) karate students. Little Tigers not only develop a solid foundation of karate basics but also learn and practice self-control, self-discipline, and respect. Dress Code: New students: comfortable t-shirt & shorts/cotton pants, no denim, class is performed in bare feet. Yellow belt or higher students –Karate Gi is required. *No Class 9/7

Instructor: Sensei RW Godlewski
Community Room

Register By: 8/18

Cost: \$100

M&W, 8/24-10/5*, 1:00p-2:00p

#3519.0022

Register By: 8/18

Cost: \$100

M&W, 8/24-10/5*, 5:00p-6:00p

#3519.0023

Teen Tigers Karate - Level II/III

Ages 13+, 6wks

Prerequisite: Teen Tigers who have earned their green belt (or higher) rank, under 13yrs with permission from Sensei.

In level II / III, students practice and refine the basics of karate and work on challenging new moves, forms and drills of higher difficulty. Karate Gi (uniform) is required. *No Class 9/7

Instructor: Sensei RW Godlewski
Community Room, 303 N. Main Street

Register By: 8/18

Cost: \$100

M&W, 8/24-10/5*, 3:45p-4:45p

#3519.0024



Intro to Tennis **NEW!**

Ages 7-11, 6wks

This class will provide kids with the skills to develop shot techniques and reception skills in singles, doubles, and serving. Orange balls will be used with 21", 23", or 25" racquets. All supplies will be provided. This is a FREE program thanks to the Culpeper Wellness Foundation and open to Culpeper, Madison & Orange County residents only. Space is LIMITED, so register early!

Instructor: Culpeper Sport & Fitness
19055 Industrial Rd

Register By: 7/7

Cost: FREE

Sa, 7/11-8/15, 10:00a-11:00a

#3619.0005

Outdoor Pickleball

Ages 8+, 4wks

Want to play one of the fastest-growing sports in the country? Bring your friends, paddles, and a positive attitude for pickup games! All games are participant officiated. Balls and nets are provided; While some paddles are available, it is strongly encouraged to bring your own. Courts are available for 3 hours of play! **CANCELED (postponed until Fall)** Courts are outdoors at a public facility, no bathroom on site, recommended to bring your own chair and water.

Instructor: Department Staff
Sycamore Park Elementary - Black Top

Register By: 6/2

Cost: \$15

M, 6/8-6/29

6:00p-8:00p

#3519.0063



SWIM LESSONS

Swimming Lesson Guidelines

Swim Lessons are either

- Monday–Thursday for 2 weeks, 8 classes (Fridays are make up days) OR
- 8 consecutive Saturdays.

*No class on 7/4

Children not toilet-trained must wear swim diapers.

Students may need to attend several sessions of the same level before progressing to the next level.

If a student enrolls in a session that is too advanced for his/her skills, CCR RD staff will make every effort to accommodate the student in the appropriate level. However, if the appropriate level is not available during the same dates, the registration fee will be refunded or the student may register for the appropriate level offered during a later session. The student will not be allowed to participate in a level that is too advanced for his/her skills.

Lessons are held at the Culpeper Recreation Club, 13163 Recreation Road. (This is a private club, the department rents the pool to offer these lessons). The facility is not available for public use during swim lessons.

Mommy & Me

Ages 6 months–36 months, 30 min

Prerequisite: Parent/Adult must get in the water. Child not toilet-trained must wear a swim diaper.

This is the perfect way to introduce your little one to the water. This class will teach proper supports & holds, water safety, basic skills, and will have games to encourage participation.

Preschool

Ages 3-5, 30 min

Prerequisite: Must be able to leave parent willingly and follow directions.

For the preschooler that doesn't have any or just limited solo experience in the water. This class will cover water adjustment, safety, entry, floating and breathing. Depending on individual skills, may also cover back float and recovery, locomotion skills, and arm and leg action on front & back.

Goals of each Preschool Level:

- Preschool 1: if the child falls in the water, should be able to float on back until help comes.
- Preschool 2: child starts learning the doggie paddle, increase skills at the float and learns how to self-rescue.
- Preschool 3: child will start learning how to use the basic arms and kicking motion to swim – "freestyle stroke".

Level I – Introduction to Water Skills

Ages 6-12, 45 min

Prerequisite: Must be able to participate in a group and follow directions.

For the individual that doesn't swim or can just barely swim, this is your class to help you feel comfortable in the water and to enjoy the water safely. Entering and exiting the water safely, learning to submerge mouth, nose and eyes and breath control, front and back float and recovering to a stand, changing direction in the water, and swimming 5' on their front and back.

Level II – Fundamental Skills

Ages 6-12, 45 min

Prerequisite: Must be able to travel 5 yards, submerge face 3 times, front glide, roll to back and float 3 seconds.

For the individual that is able to swim a little bit, this class will improve your skills and confidence. Class focuses on fundamental skills: Entering water by stepping or jumping in from the side, submerging entire head, blowing bubbles, open eyes underwater, front and back glide, swim 15' on front and 10' on back, floating without support, locomotion skills and alternating arm and leg action.

SWIM LESSONS AT A GLANCE * No class 7/4

Days	Dates	Time	Level	Cost	Registration Code	Register By
Sa	6/13-8/8*	7:00-7:45a	Teen/Adult Level 1	\$130	3622.0166	6/3
M-Th	6/22-7/2	7:00-7:45a	Teen/Adult Level 1	\$130	3622.0151	6/12
M-Th	7/20-7/30	7:00-7:45a	Teen/Adult Level 1	\$130	3622.0162	7/10
M-Th	7/6-7/16	7:00-7:45a	Teen/Adult Level 1	\$130	3622.0157	6/26
Sa	6/13-8/8*	8:40-9:25a	Level 1	\$130	3622.0168	6/3
M-Th	6/22-7/2	8:40-9:25a	Level 1	\$130	3622.0154	6/12
M-Th	6/8-6/18	8:40-9:25a	Level 1	\$130	3622.0148	5/29
M-Th	6/8-6/18	9:30-10:15a	Level 1	\$130	3622.0149	5/29
M-Th	7/20-7/30	8:40-9:25a	Level 1	\$130	3622.0164	7/10
M-Th	7/20-7/30	8:40-9:25a	Level 1	\$130	3622.0169	7/10
M-Th	7/6-7/16	8:40-9:25a	Level 1	\$130	3622.0159	6/26
Sa	6/13-8/8*	7:50-8:35a	Level 2	\$130	3622.0167	6/3
M-Th	6/22-7/2	7:50-8:35a	Level 2	\$130	3622.0153	6/12
M-Th	6/8-6/18	7:50-8:35a	Level 2	\$130	3622.0147	5/29
M-Th	7/20-7/30	7:50-8:35a	Level 2	\$130	3622.0163	7/10
M-Th	7/6-7/16	7:50-8:35a	Level 2	\$130	3622.0158	6/26
Sa	6/13-8/8*	7:00-7:45a	Level 3	\$130	3622.0171	6/3
M-Th	6/8-6/18	7:00-7:45a	Level 3	\$130	3622.0146	5/29
M-Th	7/20-7/30	7:50-8:35a	Level 3	\$130	3622.0468	7/10
M-Th	7/20-7/30	7:00-7:45a	Level 4	\$130	3622.0467	7/10
Sa	6/13-8/8*	10:05-10:35a	Mommy & Me	\$110	3622.0175	6/3
M-Th	6/22-7/2	10:05-10:35a	Mommy & Me	\$110	3622.0156	6/12
M-Th	7/20-7/30	10:05-10:35a	Mommy & Me	\$110	3622.0471	7/10
Sa	6/13-8/8*	9:30-10:00a	Preschool 1	\$110	3622.0469	6/3
Sa	6/13-8/8*	10:05-10:35a	Preschool 1	\$110	3622.0170	6/3
M-Th	6/22-7/2	9:30-10:00a	Preschool 1	\$110	3622.0155	6/12
M-Th	6/8-6/18	10:20-10:50a	Preschool 1	\$110	3622.0150	5/29
M-Th	7/20-7/30	10:05-10:35a	Preschool 1	\$110	3622.0466	7/10
M-Th	7/6-7/16	10:05-10:35a	Preschool 1	\$110	3622.0461	6/26
Sa	6/13-8/8*	9:30-10:00a	Preschool 2	\$110	3622.0174	6/3
M-Th	7/20-7/30	9:30-10:00a	Preschool 2	\$110	3622.0470	7/10
M-Th	7/6-7/16	9:30-10:00a	Preschool 2	\$110	3622.0160	6/26
M-Th	7/20-7/30	9:30-10:00a	Preschool 3	\$110	3622.0165	7/10

ALL SWIM LESSONS ARE CANCELED (postponed until 2021)

Level III – Stroke Development

Ages 6-12, 45 min

Prerequisite: Must be able to swim 5 body lengths using combined arms and legs, front and back float 15 seconds.

For the individual that is able to swim, this class will focus on adding to your skills. Class will cover: survival float, elementary backstroke, coordinate front crawl. Intro to scissor and dolphin kick, and fundamentals of treading.

Level 4 – Stroke Improvement

Ages 6-12, 45 min

Prerequisite: Level III certificate or be able to jump into deep water from the side, front crawl for 15 yards, tread water for 30 seconds, back stroke 15 yards and exit.

Teen/Adult Levels

Ages 13+, 45 min

Same description of levels just taught for ages 13+



Art Jam: Watercolor Flower Workshop

Ages 8+, 1 day

No experience required for this one-day workshop, just enthusiasm! All supplies will be provided.

Ages 8-12 will learn about different types of watercolor and create a series of small paintings based on a still life of flowers.

Ages 13+ will work with watercolor to capture the beauty of flowers. You'll learn drawing techniques and practice **CANCELED (postponed until Fall)**.

Instructor: K Art & Design
121 W. Locust St, Suite 105

Register By: 6/16

Cost: \$45

Sa, 6/20

Ages 8-12 11:30a-2:00p #3610.0061

Ages 13+ 2:30p-5:00p #3610.0062



CREATIVE EXPRESSION

Drawing & Painting

Ages 6+, 4wks

This class is for all the aspiring artists who love drawing and painting. You will learn and improve on basic drawing skills and explore various techniques and media that will make your art beautiful! Some supplies are provided, but student must provide some of their own as well. Supply list is available online, by email, or in the Parks & Rec office. *No class 7/7, 9/8

Instructor: Artists In Bloom
Lenn Park Pavilion

Ages 6-10 Tu 6:00p-6:45p Cost: \$65

7/28-8/18 Register By: 7/22 #3610.0052

8/25-9/22* Register By: 8/19 #3610.0053

Ages 11-17 Tu 7:00p-7:45p Cost: \$65

7/28-8/18 Register By: 7/22 #3610.0056

8/25-9/22* Register By: 8/19 #3610.0057

Ages 18+ Tu 8:05pm-9:05pm Cost: \$80

7/28-8/18 Register By: 7/22 #3610.0059

8/25-9/22* Register By: 8/19 #3610.0060

Kaleidoscope Art Camp

Ages 6-12, 1wk

Fan the creative spark of your aspiring artist with this week of nothing but ART! Your budding Picasso will discover a different form of art each day with experienced local educators and working artists. At the end of the program, your young artist's creations will be on display for friends, family, and community.

CANCELED (postponed until 2021)

Coordinator: Kelly Rozwadowski

Lenn Park Pavilion

Register By: 5/22

Cost: \$35

M-F, 6/1-6/5

Ages 6-8 10:00a-11:30a #3820.0103

Ages 9-12 12:30p-2:00p #3820.0104

ENRICHMENT

Wildlife Wonders

Ages 5+, 1day

Look out into your yard, who do you see? Virginia offers many different environments, living within those environments and habitats are a diverse and sustainable wildlife. Join a Park Ranger and learn about who inhabits the ecosystem around you. Pre-registration is required.

Instructor: Virginia State Park Ranger

Lenn Park Pollinator Garden

Register By: 6/23

Cost: FREE

Sa, 6/27

4:00p-5:00p

#3513.0080

Mud Buggin'

Ages 5+, 1day

Did you like to dig around in the mud when you were younger? Have you ever thought about who called the mud, both on land and in the water "home"? Guests will have the opportunity to get their hands dirty and explore the hidden ecosystems of Mountain Run Creek. Pre-registration is required.

Instructor: Virginia State Park Ranger

Lenn Park

Register By: 8/18

Cost: FREE

Sa, 8/22

3:00p-4:30p

#3513.0083

Furs & Skulls

NEW!

Ages 6+, 1day

Have you ever thought what makes a mammal unique? Come out and chat with a Park Ranger about the local wildlife commonly found in the area. Pre-registration is required.

Instructor: Virginia State Park Ranger

Spilman Park

Register By: 8/3

Cost: FREE

F, 8/7

10:00a-11:30a

#3513.0081



Can You Dig It? Fossil Hunt

Ages 7-11, 4days

Archaeology and Paleontology seem like big words to kids, but *Funtastic Workshops* makes them come alive. Each child will partake in a simulated fossil excavation, uncovering different bones of a dinosaur, then assemble the bones to create a completed 3D dinosaur to take home. All supplies will be provided. Bring a bottle of water.

Instructor: Lyndsey Dannon, *Funtastic Workshops*

Floyd T. Binns Middle School

Register By: 6/26

Cost: \$155

M-Th, 7/6-7/9

8:00a-11:45a

#3820.0105

Model Airplanes - Bridge Building

Ages 7-12, 4days

Let's start building! Rubber-powered model airplanes & bridges. Have fun building an airplane that actually flies when assembled, then learn simple engineering skills by designing and building model bridges. You'll also build 6 different bridges that include a patrol car siren, burglar alarm and Morse code transmitter. Let's have some fun with *Funtastic Workshops*!

Instructor: Lyndsey Dannon, *Funtastic Workshops*

Floyd T. Binns Middle School

Register By: 6/26

Cost: \$155

M-Th, 7/6-7/9

12:30p-4:15p

#3820.0106

Sign up for both Can You Dig It? and Model

Airplanes and SAVE! Sign up for both camps

and send your camper with a bag lunch. Staff

will be onsite to supervise the lunch break and

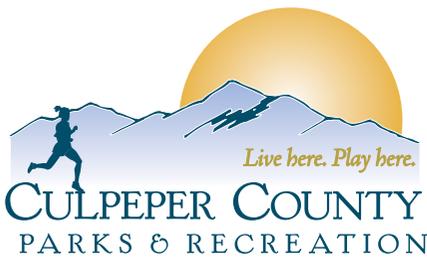
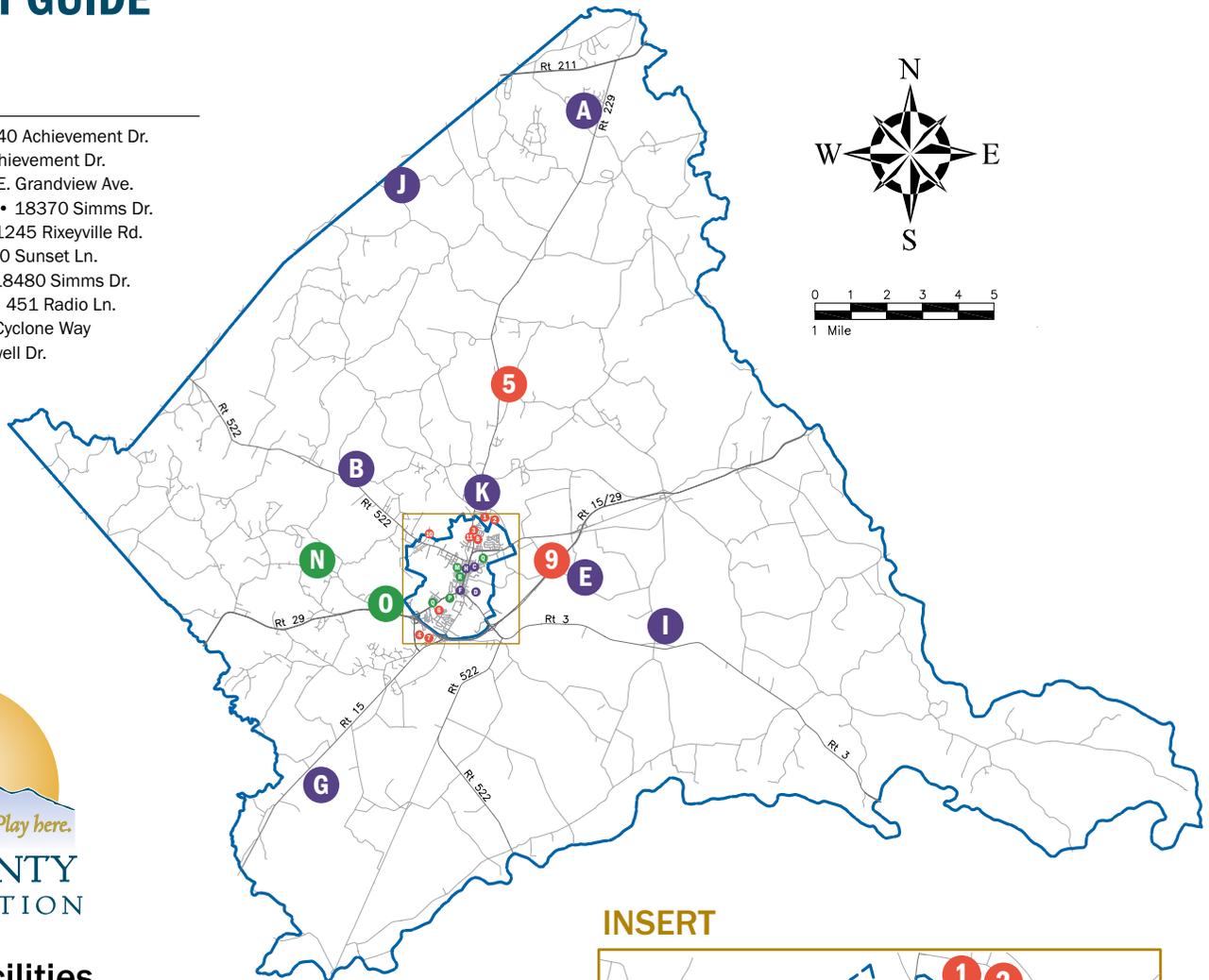
your camper gets a full day of fun!

PARKS & FACILITY GUIDE

Public Schools

- 1 **Culpeper County High School** • 14240 Achievement Dr.
- 2 **Culpeper Middle School** • 14300 Achievement Dr.
- 3 **Floyd T. Binns Middle School** • 205 E. Grandview Ave.
- 4 **A.G. Richardson Elementary School** • 18370 Simms Dr.
- 5 **Emerald Hill Elementary School** • 11245 Rixeyville Rd.
- 6 **Farmington Elementary School** • 500 Sunset Ln.
- 7 **Pearl Sample Elementary School** • 18480 Simms Dr.
- 8 **Sycamore Park Elementary School** • 451 Radio Ln.
- 9 **Eastern View High School** • 16332 Cyclone Way
- 10 **Yowell Elementary School** • 701 Yowell Dr.
- 11 **School Board Office** • 450 Radio Ln.

*All Addresses are Culpeper



County Parks & Facilities

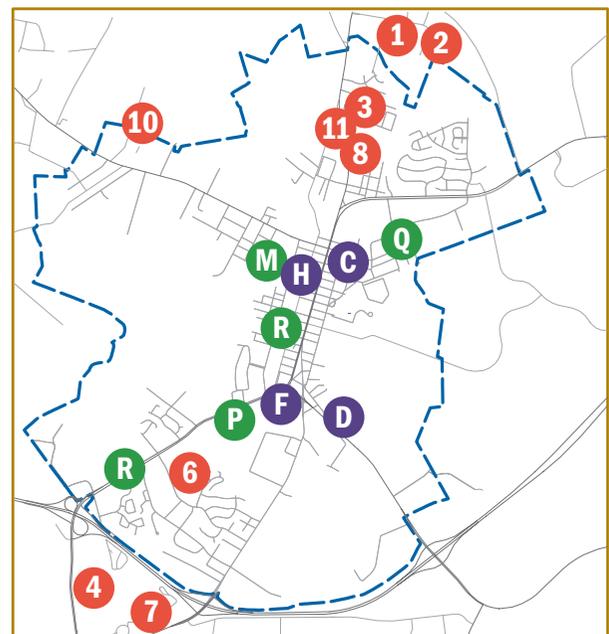
- A **Spilman Park** • 3543 Colvin Rd., Amisville
- B **Laurel Valley Park** • 10372 Carol Anne and Andrews Landing, Culpeper
- C **CCPRD Community Room** • 303 N. Main St., Culpeper
- D **Galbreath-Marshall Park** • 1401 Old Fredericksburg Rd., Culpeper
- E **Culpeper Sports Complex** • 16358 Competition Dr., Culpeper
- F **Culpeper County Library** • 271 Southgate Shopping Center, Culpeper
- G **The Carver Center** • 9432 James Madison Hwy, Rapidan
- H **Culpeper County Parks & Recreation Office** • 131 N. Main St., Culpeper
- I **Lenn Park** • 19206 Edwin Way, Culpeper
- J **Duncan-Luttrel Park** • Korea Rd., Amisville
- K **Linda Kite-Cutler Memorial Park** • SE corner of Rixeyville Rd. & Ira Hoffman Ln., Culpeper
- L **Extension Office** • 101 S. West St., Culpeper

Town Parks

- M **Yowell Meadow Park** • 100 N. Blue Ridge Ave., Culpeper
- N **Mt. Run Lake Park** • J.B. Carpenter Jr. Dr., Culpeper
- O **Lake Pelham** • 19013 Country Store Dr., Culpeper
- P **Rockwater Park** • 421 Madison Rd., Culpeper
- Q **Wine Street Memorial Park** • corner of Wine St. & Old Brandy Rd., Culpeper
- R **Kestner Wayside Park** • Madison Rd., Culpeper

For questions or concerns about Town Parks, please call 540-829-8260 or email TownParks@culpeperva.gov

INSERT



Parks Amenity Matrix

Park Amenity	Culpeper Sports Complex	Lenn Park	Spilman Park	Galbreath-Marshall	Laurel Valley	Linda Kite Cutler	Kirkpatrick	Duncan Luttrell
Amphitheater*		●						
Blue Bird Trail	●	●	●					
Bounce Wall	●							
Concession Stand	●							
Disc Golf			●					
Dog Park - Agility Equip.		●						
Field(s) - Adult Softball								
Field(s) - Football	●							
Field(s) - Lacrosse	●	●						
Field(s) - Multi-use	●	●	●	●				
Field(s) - Youth Baseball	●							
Field(s) - Youth Softball	●							
Fishing (catch/release)		●						
Horseshoe Pit(s)	●	●	●					
Kitchen (warming)		●						
Meditation Labyrinth	●							
Model Airplane Runway**		●						
Monarch Garden	●							
Picnic Pavilion		●						
Picnic Shelter			●					
Playground 2-5yr	●	●	●					
Playground 5-12yr	●	●						
Playground Inclusive	●							
Polinator Garden	●	●						
Portable Toilets	●	●	●					
Purple Martin Colony	●	●	●					
Rentable Facilities	●	●	●	●				
Restrooms	●	●*						
Sand Volleyball		●						
Scout Campground***		●						
Soap Box Derby Track****					●			
Soccer Field(s)	●							
Walking Trails - Grass			●					
Walking Trails - Gravel	●	●	●					
Walking Trails - Paved	●							
Future Development					●	●	●	●

*Indoor restrooms are available with the rental of the picnic pavilion only;

**Membership with Culpeper Model Barnstormers is required for usage;

***Available for organized group use only [i.e. Boy Scouts/Girl Scouts];

****Managed by the Piedmont Area Soapbox Derby.

Community Connections

Below is a listing of non-profit, recreational groups based in Culpeper County. These are not operated by the Parks and Recreation Department. For questions, please contact the organization directly.

Additional recreation based groups are listed on our webpage. Click the "Community Recreation Organizations" link for details.

BASEBALL

Culpeper Little League,
tshq.bluesombrero.com/culpeperll

Rappahannock Culpeper Baseball,
www.rappculpbbaseball.com

BASKETBALL

Culpeper Youth Basketball,
culpeperyouthbasketball.leagueapps.com

CHEERLEADING

Culpeper Blue Angels AllStar Cheer & Dance,
www.facebook.com/culpeperblueangels

Culpeper Football Association Cheerleaders,
www.cfa4kids.com

FOOTBALL (Flag & Tackle)

Culpeper Football Association,
www.cfa4kids.com

SOCCER

Culpeper Soccer Club,
www.culpepersc.org

LACROSSE

Culpeper Lacrosse Association Foundation,
culpeperlax.com

RUGBY

Culpeper Youth Rugby,
www.cyrfc.org

RUNNING

Girls On The Run (GOTR) Piedmont,
www.GOTRPiedmont.org

Mustangs Track Club,
www.mustangstrackclub.org

SOFTBALL

Culpeper Little League,
tshq.bluesombrero.com/culpeperll

Culpeper Kaos Travel Softball Team,
culpeperkaos.wordpress.com

WRESTLING

Team Cobra Youth Wrestling,
www.teamcobrawrestling.com

Sign up for both *Wonderful Wizardry* and *CSI camps* and **SAVE!** Sign up for both camps and send your child with a bag lunch! Staff will be onsite to supervise the lunch break and your camper gets a full day of fun!

Wonderful Wizardry: Magical Science

Ages 7-11, 4days

Join in the escapades of Harry and your favorite magical characters and creatures while discovering the magic of science in this hands-on workshop. Make an edible wand and brew some fantastic potions to drink. We'll use science to watch some amazing chemical reactions. Come join us where the magic of science is **CANCELED** (postponed until 2021)

Instructor: Enuel Caraballo, *Funtastic Workshops*

Floyd T. Binns Middle School

Register By: 7/2

Cost: \$160

M-Th, 7/13-7/16 8:00a-11:45a

#3820.0107

CSI: Crime Scene Investigation

Ages 8-12, 4days

You will be super science sleuths. Have fun learning about forensics, crime scene investigations, and crime lab chemistry as you perform as many as 15 different experiments designed to show you just how those tricky cases are solved. Search for evidence, gather clues, and discover how science can help solve a mystery. **CANCELED** (postponed until 2021)

Instructor: Enuel Caraballo, *Funtastic Workshops*

Floyd T. Binns Middle School

Register By: 7/2

Cost: \$160

M-Th, 7/13-7/16 12:30p-4:15p

#3820.0108

Creek Scene Investigation **NEW!**

Ages 10+, 1day

Have you ever wondered what lived in your local waterways other than what you can see with your naked eye? Come out to Lenn Park and help a Park Ranger investigate Mountain Run Creek. You will discover how to use water quality testing equipment and identification skills for macroinvertebrates to determine the health of the creek. Pre-registration is required.

Instructor: Virginia State Park Ranger

Lenn Park

Register By: 7/14

Cost: FREE

F, 7/17 10:00a-11:30a

#3513.0081

NEW! Look online for virtual classes!

Mindful Kids **NEW!**

Ages 6-10, 3wk

A fun class where we'll combine art, mindfulness and meditation. Studies have found that mindfulness and meditation can help children work through difficult emotions, stay more focused and develop patterns of behavior to ease through the world. We'll explore the practices of kindness, patience, and resilience. **CANCELED**

Instructor: Michele Bledsoe

Community Room

Register By: 6/9

Cost: \$55

M, 6/15-6/29 11:00a-12:00p

#3612.0007



Kids/Tweens Minding Their Internal and External Environment **NEW!**

Ages 6-13, 3wks

We'll practice minding our internal and external environment. We'll explore what is going on in our minds at any given moment and how that may be connected with what is going on in our environment. In this class, we'll design six organic grocery bags with images from nature. We'll focus on and discuss what is going on in our minds in connection with all that is around us. **CANCELED**

Instructor: Michele Bledsoe

Community Room

Register By: 6/10

Cost: \$85

Tu, 6/16-6/30

Ages 6-10 9:00a-10:00a

#3612.0008

Ages 10-13 2:00p-3:00p

#3612.0009

Meditation for the Busy Mind **NEW!**

Ages 18+, 3wk

Have a busy mind? Tried meditation and find it frustrating? This class is for you! When a person finds meditation difficult, there could be a specific reason(s) why. We'll explore why sometimes our mind is resistant to the present moment, how we can work with reactions, unhealthy emotions, and/or obsessive thinking. More and more is coming out on this subject, and we will explore the latest meditation techniques as well as the ancient techniques to find a practice that helps you. This class is open to all levels. *No class 7/4

Instructor: Michele Bledsoe

Lenn Park Pavilion

Register By: 7/2

Cost: \$45

W, 7/8-7/22 9:00a-10:00a

#3612.0005



Lavender Farming **NEW!**

Ages 12+, 1day

Come enjoy a rare visit to Culpeper's own lavender farm, Seek Lavender which is not open to the public as this is also their residence. During this tour you'll get to sample culinary lavender, observe lavender distillation, and learn about growing, harvesting, and product making. You'll also get to make and take home a lavender wand. If Mother Nature cooperates and the lavender is in bloom, you'll also get to pick a lavender bundle. If you are signing up with friends, please carpool. Seek Lavender Farm only has parking for 5 cars. *Rain date is Sunday 6/14. **CANCELED**

Instructor: Mary Seek

Seek Lavender, Bradford Road

Register By: 6/9

Cost: \$40

Sa, 6/13* 10:00a-12:00p

#3613.0068

AARP Smart Driver

Ages 55+, 1day

Seniors, refresh your driving skills in a classroom setting. This one-day course contains up-to-date information about changes to ourselves as we age, to our vehicles, and to our roads with state specific laws. Only 15 spaces available. All confirmations are done by email. Bring a bag lunch. **A check for \$15 (AARP member)/\$20 (non-member) is due to the instructor at class** for guidebook, DMV manual, & completion certificate. \$5 due to CCPRD at time of registration to reserve your seat.

Instructor: Nell Allen-Rollins, AARP Driver Safety

(To be announced)

Culpeper County High School

Register By: 7/9

Cost: \$5

W, 7/15* 8:30a-4:30p

#3613.0066

Lenn Park Pavilion

Register By: 8/13

Cost: \$5

W, 8/19 8:30a-4:30p

#3613.0067

Change Your Narrative: Become a Better Version of Yourself **NEW!**

Ages 18+, 1day

This **virtual** workshop will assist participants with improving their communication skills in order for them to be able to have difficult conversations and begin their journey toward healing or becoming a better version of oneself. Start living your best life now! Ms. Lillian is a Certified Dispute Resolution Mediator.

Instructor: Lillian Arevalo

Online Zoom meeting

Register By: 7/7

Cost: \$60

Sa, 7/11

10:00a-12:00p

#3613.0069

HEALTH & WELLNESS

KETO Lifestyle **NEW!**

Ages 18+, 1day

Are you new to the KETO Lifestyle? Are you tired of bacon and eggs? Prepping and preparing KETO dishes for breakfast, lunch and dinner is so easy. Join Sharon from Hobby Hill Farm, and she will share some of her secrets for tasty low carbohydrate meals. We will make pizza, Fat Bombs and cookies.

Instructor: Hobby Hill Farm Fresh, LLC

Extension Office

Register By: 7/6

Cost: \$55

Sa, 7/11

4:00p-6:00p

#3613.0070

Sign up for KETO & Mozzarella and SAVE \$10

Mozzarella & Ricotta Cheesemaking

Ages 12+, 1day

What better way to celebrate summer than by learning how to make fresh cheese! In this class you will discover how to make mozzarella and ricotta in 30 minutes or less. Participants will use dairy and store bought cow's milk in this class. Enjoy fresh cheese without preservatives or additives. Multiple samples will be made during class for you to try.

Instructor: Hobby Hill Farm Fresh, LLC

Extension Office

Register By: 7/6

Cost: \$45

Sa, 7/11

1:00p-3:00p

#3613.0071



Child and Babysitting Safety

Ages 12+, 1 day

Babysitting is usually a teenager's first attempt at building and running a small business. If you want to be successful and safe, come join Minuteman CPR, who are American Safety & Health Institute (ASHI) certified instructors for this engaging and informative Child and Babysitting Safety (CABS) workshop. Bring a bag lunch.

Instructor: Minuteman CPR, LLC

Community Room, 303 N. Main

Register By: 7/29

Cost: \$50

F, 8/7

9:00a-3:00p

#2613.0085

CPR & AED/First Aid Training

Ages 12+, 1 day

Come join Minuteman CPR, who are American Safety & Health Institute (ASHI) certified instructors for 1-day of life saving skills instruction. First 3-hours are on how to perform CPR (cardio-pulmonary resuscitation) and use an AED (automated external defibrillator) on adults, children and infants. Second 3-hours will provide you with the necessary knowledge to provide basic care in **CANCELED** until trained emergency personnel arrive. Sign up for one class or both.

Instructor: Minuteman CPR, LLC

Community Room

Register By: 6/10

Cost: \$45 per class

Sa, 6/20

CPR & AED

9:00a-12:00p

#2613.0086

First Aid

1:00p-4:00p

#2613.0087

Many classes have more details listed online.

Zumba

Ages 13+, 4wks

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Taught by a licensed Zumba instructor, this multi-level **virtual** class will include high and low impact options. Please wear sneakers and bring a bottle of water and a towel. *No Class 7/7

Instructor: Kelly Rozwadowski

Livestream Class

Register By: 6/22

Cost: FREE

Tu, 6/23-7/21*

6:15p-7:15p

#3512.0096

Register By: 7/27

Cost: FREE

Tu, 7/28-8/18

6:15p-7:15p

#3512.0097

Register By: 8/25

Cost: FREE

W, 8/26-9/16

6:15p-7:15p

#3512.0066

TRANSFORM

Ages 13+, 4wks

TRANSFORM unites yoga, pilates, and sports training (plyometrics) for a unique mind-body fitness class, featuring traditional yoga poses and sport-influenced movement including plyometrics and body weight exercises. Taught by an AFAA certified group fitness instructor, the **CANCELED** modifications for beginners and progressions for those looking for new challenges.

Instructor: Kelly Rozwadowski

Community Room

Register By: 8/7

Cost: \$35

Th, 8/13-9/3

6:15p-7:15p

#3512.0067

Yoga

Ages 13+, 4wks

Wrap up your day with a playful approach to yoga. This **virtual** class will include breath work and postures in a mindful way that encourages you to listen to your body. Relax your mind and body while exploring strength and flexibility, practicing balance and coordination, and reducing stress. Beginners are warmly welcomed! Please dress comfortably and bring a yoga mat, towel, and water.

Instructor: Kelly Rozwadowski, RYT200

Livestream Class

Register By: 7/15

Cost: FREE

Th, 7/16-8/6

6:15p-7:15p

#3512.0068

Register By: 8/12

Cost: FREE

Th, 8/13-9/3

6:15p-7:15p

#3512.0067

Tai Chi

Ages 16+, 6wks

Tai Chi is a gentle, flowing, meditative-style of exercise that produces greater energy and ease for the body, mind and spirit. This wonderful, healthy exercise is appropriate for both men and women. The most important principal of Tai Chi is to relax and who doesn't need to relax? *No Class 9/7

Instructor: Sifu RW Godlewski
Community Room

Register By: 8/18 Cost: \$100
M&W, 8/24-10/5*2:30p-3:30p #3519.0069

Silver Club

Ages 55+, weekly

This is a great way to make new friends, get off the couch, spend time with current friends and learn new ways to have fun. The Silver Club meets from 10:00a-2:00p on Wednesdays and offers a dynamic guest speaker. **POSTPONED UNTIL FURTHER NOTICE** as a covered-dish lunch provided by our members—so bring a dish to share. Members also play a card game after lunch.

Coordinator: Debra Galt Scott
Culpeper Co. Library, Large Meeting Room
Every Wednesday, 10:00a-2:00p

Membership:

\$10 per year Culpeper Co. Residents;
\$15 per year Non-Culpeper Co. Residents

PAWS & HOOFS

For all dog obedience classes, handlers (humans) must be ages 7yrs & up (7-15yrs must have adult remain on site.)

Dog Obedience Discounts

- Seniors 55 & up: 10% discount
- Adopted Dogs: 20% discount must provide copy of adoption contract (Discount NOT available online and will not be applied after registering)
- Only one discount per family.

Beginning Manners

Ages: Dogs 5 months & up, 6wks

This class is for the dog just starting to learn or for the dog that knows a few cues but isn't quite ready for the more advanced class yet. Cues that are focused on are: sit, come, down, stay, walking on a leash without pulling, and basic good manners. Any dog, whether they're a 5-month old puppy or a 15-year-old senior. **CANCELED (postponed until Fall)**

Instructor: Betty Ann Howell
Lenn Park Outdoor Pavilion

Register By: 7/2 Cost: \$105
Tu, 7/7-8/11 9:00a-10:00a #3614.0054



Just for Fun: Agility, Tracking, Nose Work, & Rally

Dogs Ages 6 months & up, 6wks

Prerequisite: Dogs should have a reliable Sit, Stay, Down, and Come.

Come out and try Fido's paw at Agility, Scent Tracking, Nose Work, and Rally. This is a great introduction to many dog sports. **CANCELED** Then the bond with your dog. More class details online.

Instructor: Betty Ann Howell
Lenn Park Outdoor Pavilion

Register By: 7/2 Cost: \$105
Th, 7/9-8/13 9:00a-10:00a #3614.0055

SPECIAL EVENTS

13th Annual Culpeper Cycling Century

Come on out for the 13th Annual Culpeper Cycling Century on Saturday, October 3, 2020!

This bicycle ride boasts great scenic beauty and paved road riding in Culpeper County during the most colorful season—Fall! You can choose between 30, 60, or the ultimate challenge—100 miles of countryside road. Register by July 1 to SAVE \$20!

More details: www.CulpeperCyclingCentury.com

30 miles - \$30; 60 & 100 miles - \$40
(prices increase on 7/1)



TRIPS

Tangier Island

Ages 6+, 1 day

Enjoy a charter bus ride down to Reedville, VA where you'll take a ferry over to Tangier Island. You can enjoy the day exploring this quaint fishing village, a Virginia Historical Landmark, and one of the freshest seafood around! Lunch is included. **CANCELED**

Register By: 5/29 Cost: \$120
Sa, 6/13 6:00a-7:30p #3721.0001

National Zoo

All ages, 1day

Join the CCPRD as we take a charter bus to the Smithsonian National Zoo in Washington, D.C. You will get to enjoy the day exploring the all the wonders the National Zoo has to offer. **CANCELED** at your own pace.

Register By: 6/26 Cost: \$60
Sa, 7/11 8:00a-5:30p #3721.0002



Potomac Eagle Train Trip

Ages 5+, 1 day

The historic Potomac Eagle Scenic Railroad located in Romney, WV is one of America's most beautiful train rides. For three hours enjoy a narrated excursion through a tranquil and pristine mountain valley. With any luck we'll see a pair of resident Bald Eagles. Purchase a box lunch or bring a small cooler with your own. **CANCELED**

Register By: 9/18 Cost: \$110
Sa, 10/17 6:45a-5:00p #4721.0005



New York City at Christmas

Ages 6+, 1 day

Join CCPRD as we take a charter bus to Bryant Park in Manhattan. We'll drop you off and you can spend the day as you like. We leave Culpeper at 5:00a Saturday, and return approximately 3:00a Sunday. **CANCELED**

Registration will open on August 14 online; August 17 in person/by phone.

Register by: Cost: \$90
Sa, 12/5 5:00a-3:00a #4721.0011

5 Easy Ways to Register!



By Phone

Call 540-727-3412 and select either extension 4, 5, 6. You can set up your ActiveNet Account and register for activities in one phone call. Payment must be made by credit card to register over the phone.



By Fax

Simply complete the registration form and payment information (credit cards only) and fax to 540-727-2802.



Online

Go to www.CulpeperRecreation.com, then click the "Activities" icon, set up your ActiveNet customer account, and you can register from the convenience of your home or anywhere you have internet access.



Walk-In

Registration will be accepted at the Parks and Recreation Office, at 131 N. Main Street from 8:00a to 4:30p, Monday through Friday (except holidays). Cash/Check/Credit Card are accepted.



By Mail

Mail the completed registration form (page 10) and payment to CCPRD, 131 N. Main St., Culpeper, Virginia 22701.

Reminder...

Confirmations are only sent via email. Please include a self-addressed, stamped envelope, if you require a paper confirmation.

REGISTRATION INFORMATION

ActiveNet

ActiveNet is the recreation software the Department utilizes to process registrations, provide online registration, and accept credit card payments.

To begin using this system, each household must have an account set up in order to register for any Department activities. Please complete the registration form on page 10 and fax or mail it to the Department. You can also set up your account online.

Registrations cannot be processed until your ActiveNet account has been set up.

If your address, phone number, or email changes, please be sure to update your information with the Department.

Credit Card Transactions will show on your statement as: ACT*CulpeperCoParksRec C 877-228-4881 TX

Registration

Online registration begins on Friday, May 29, 2020.

All other registration methods will begin on Monday, June 1, 2020.

Full payment must accompany the completed registration form. Payments in the form of credit card (Visa, Master Card, America Express, Discover), cash, check, or money order (payable to Culpeper County Parks and Recreation) are accepted.

Registrations are accepted on a first-come, first-served basis. Anyone can participate regardless of County of residence, unless otherwise stated in the program description.

Register By

The "Register By:" date is when the Department must have the minimum number of registrations to offer the activity. If the minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the day before the activity starts or it is full. However, if minimum is not met by this date, the activity will be canceled and refunds issued.

Adjustments

Department staff has made every effort to prepare this section of The Culpeper Quarterly as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any needed adjustments.

Refunds

If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class. Unless otherwise stated in the description.

Refunds for one-day activities and all bus/van trips will be given in full, prior to the "Register By" date. After the Register By date, refunds less a \$3 processing fee, are only given if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.

If original payment was by cash or check, then a refund check is mailed to the address on file and it can take up to 45 days to be received.

If payment was made by credit card, then refund will be processed to that same credit card.

Cancellation Policies

The Parks and Recreation Department reserves the right to cancel activities for any reason and to refuse any registration for any reason. Refunds are given for any Department canceled programs.

The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early for inclement weather, natural disasters or other occurrences.

Closing announcements due to weather will be posted on 95.3FM, 103.1FM, 105.5FM, www.cancellations.com, www.Facebook.com/CulpeperRecreation or at 540-727-3412 and select option 1, and sent via email and text message (you must opt in for texts).

Accommodations

Culpeper County Parks & Recreation Department is committed to giving all citizens equal access to recreation and leisure opportunities. In keeping with that commitment and the Americans with Disabilities Act, and other applicable law, it is the Department's intent to provide reasonable accommodations to individuals with disabilities in all Department programs, services, and facilities. If reasonable accommodations are needed, please tell us upon registration and at least 10 days prior to the activity, if at all possible.

Be sure to check online for additional activities! Staff are still working to finalize details on several awesome activities. Follow us on Facebook for new program announcements.



REGISTRATION FORM

One household per registration form. Photocopies are acceptable.

Main Contact Name (must be at least 18 years old): _____ Birth Date ___/___/___ Sex: M F

Street Address: _____ City: _____ State: _____ Zip: _____

Allergies: _____ Email (required for confirmation): _____

Home Phone: _____ Cell Phone: _____

Emergency Contact Name: _____

Relationship: _____ Phone: _____

Participant Name	Birth Date	Sex	Allergies	Same Address as Above	Activity Name	Code	Date(s)	Time	Cost
Jane Doe	8/1/03	<input type="checkbox"/> M <input checked="" type="checkbox"/> F		<input checked="" type="checkbox"/> Y <input type="checkbox"/> N*	Drawing & Painting	#3610.0054	6/23-7/21	7:00p-7:45p	\$65
		<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> Y <input type="checkbox"/> N*					
		<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> Y <input type="checkbox"/> N*					
		<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> Y <input type="checkbox"/> N*					

*If participant's address is different from the main account holder, please include an additional sheet of paper with that information.

Total \$

Assumption of Risk, Release from Liability, & Covenant Not to Sue: In agreeing to participate in the program, as an adult participant or as a parent or a legal guardian of a minor participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby covenant not sue the County with regard to any action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity. In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Media Release Section: Yes, I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, to publicize and promote the Department, and also for educational and/or safety purposes (not for profit-making activity). I further waive any remuneration for publishing and/or printing such photographs of me. Any concerns this section may be directed to the County designee-event coordinator/manager for this event. This form and agreement will not be accepted and registration shall not be complete until this Media Release Section is initialed and agreed upon, or the concerns as to this section are otherwise resolved in writing by the County and the participant (and/or his/her parent or legal a guardian, as may be necessary).

I understand that by affixing my signature on this Agreement, titled Assumption of Risk, Release from Liability, & Covenant Not to Sue, that I attest to having read, fully understand and agree to all as set forth above. Covenantor has carefully read the foregoing covenant not to sue and knows and understands and agrees to the content hereof. Participant (and/or his/her parent or legal a guardian, as may be necessary) has carefully read the foregoing waiver of and release from liability and knows and understands and agrees to the content hereof.

Participant Signature (7yrs & older)

Parent/Guardian Signature (if participant 17 or younger)

Date

Payment Method: Cash (Walk-in only) Check enclosed, made payable to CCPRD \$ _____ # _____

Visa Master Card American Express Discover Card Number: _____ Exp. Date ___/___ CCV _____

Name on Card: _____ Signature: _____

I agree to pay the above total amount according to the card issuer agreement.

Culpeper County Parks & Recreation Administrative Office

131 N. Main Street, Culpeper VA • Phone: 540-727-3412 • Fax: 540-727-2802 • parks@culpepercounty.gov • www.CulpeperRecreation.com